



The Triple Threat: **CHOREOGRAPHY**

Brought to you by: Ms. Hayes, Mr. Meyer, & Ms. Yung



Learning Goals:

At the end of the week, you will:

Explore triple threats in musical theatre.

Identify basic dance steps used in musical theatre.

Explore the role of dance in developing as an actor.

Practice and conquer! a basic choreography routine.





DAY FOUR



Day FOUR: Take a few minutes to contemplate the following: Does the company of NEWSIES highlight triple threats?

Can they:

Sing?

Dance?

Act?



9 Dance Tips that will help you as an Actor:

Activity:

Read the following article/interview:

<https://www.backstage.com/magazine/article/dance-tips-will-help-actor-3483/>

Based off the article, how can acting make you a better dancer and how can dancing make you a better actor?

How to access the choreography steps:

1. Go to <https://www.daily8count.com/> This is a FREE RESOURCE right now.
2. On the left hand side, click enter site.
3. Click on Weekly Combination
4. Complete the information for this week's password (email and first name)
5. You will then be given a password on that page, that is used to access the video.
6. Scroll down and you will see the video. Use the password to unlock.



Practice your steps:

1. Put on some clothes you can move in!
2. Review Day One & Two & Three Steps, do you remember all your moves?
3. Access Day FOUR Daily 8 Count
4. Watch, follow, and practice until you can complete the steps without watching!
5. Have fun, sell it!!!!



Reflection:

How did today's 8 count rehearsal go? Are you seeing improvements?

Are you really performing when you dance?
Are you taking on emotion? Character?

